Eastern Roman Mounted Archers and Extraordinary Medico-Surgical Interventions at Paliokastro in Thasos Island during the ProtoByzantine Period

The Historical and Medical History Records and the Archaeo-Anthropological Evidence

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Introduction

Sailing through the waters of her western passage, your gaze is lost in the beauty so generously bestowed upon Thasos Island (Figures 1, and 2). Girded by Poseidon’s deep blue sea its littoral emerald-like garlands and gilded beaches graciously yield to Athena’s greyish-green ornaments, swaying delicately to the touch of the mistral, dressing up the uplands towards the imposing foothills of Mount Ipsarion. At the very first instance you lay eyes upon her, she entices you to discover her...perhaps just as she...
did back then, with Parian Tellis and Kleobeia. Moreover, in the midst of the wealth of this enchanting beauty, you may at first unwittingly overlook the spread of vestiges of diachronic human dynamics.

Figure 2. Map of Thasos island, with the location of its capital city Limenas, its villages and settlements, and the location of Paliokastro (see arrow) in the region of Rachoni village, rendering by Argie Agelarakis.

The archaeological site, finds, relative dating, project overview

On one of the island’s exquisite mountain slopes (Figure 3), densely crowned with oak, spruce and chestnut trees, trellised by labyrinthine age old ivies and impenetrably thick bushes, concealed high up above the olive groves of Rachoni village, the steep and remote site known as Paliokastro (translated as ‘old fort’), at a 460 meter elevation, strategically commands with an eagle-eyed view the plain below, overseeing straight over the expanse of the Aegean sea across, towards Paggaion mountain imposing on the mainland (Figure 4) of Eastern Macedonia. There, at Paliokastro, an archaeological rescue excavation carried out in 2000, under the supervision of archaeologist Dr. Efstratios (Stratis) Papadopoulos, brought to light an orderly cluster of four adjacent and uniformly structured graves, clustered at the western end in the floor of a notable quadrangular building\(^2\) with exterior dimensions of 10.0 m (E-W) by 5.0 m (N-S), wall thickness of 0.70 m, and a surviving maximum wall height at the time of excavation\(^3\) of 1.10 m. The shared long walls between the box-shaped/quadrangular graves, positioned on an E-W orientation as that of the building itself, measured a thickness from 30.0 to 32.0 cm; the internal dimensions of the graves measured 2.07 m. in length by 0.72 m in width, and ca. 1.0 m in depth. While only one of the graves, grave No. 1, had been coated internally by a layer of plaster, each of the four graves was covered by four gneiss slab stones, of the same type, craftsmanship, and relevant thickness dimensions (mostly of 0.12 m) as those of the rest of the building floor.

\(^2\) Excavation recordings are courtesy of Dr. S. Papadopoulos, currently Ephor of Prehistoric and Classical Antiquities of Drama prefecture. Additional excavation data were gathered through numerous communications with Dr. Papadopoulos over the years since 2002 (start of the osteological analysis of site materials at the Archaeological Museum of Thasos) until the drafting of the present work.

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